



Uttarakhand and Himachal Pradesh Flood Response Report 2025

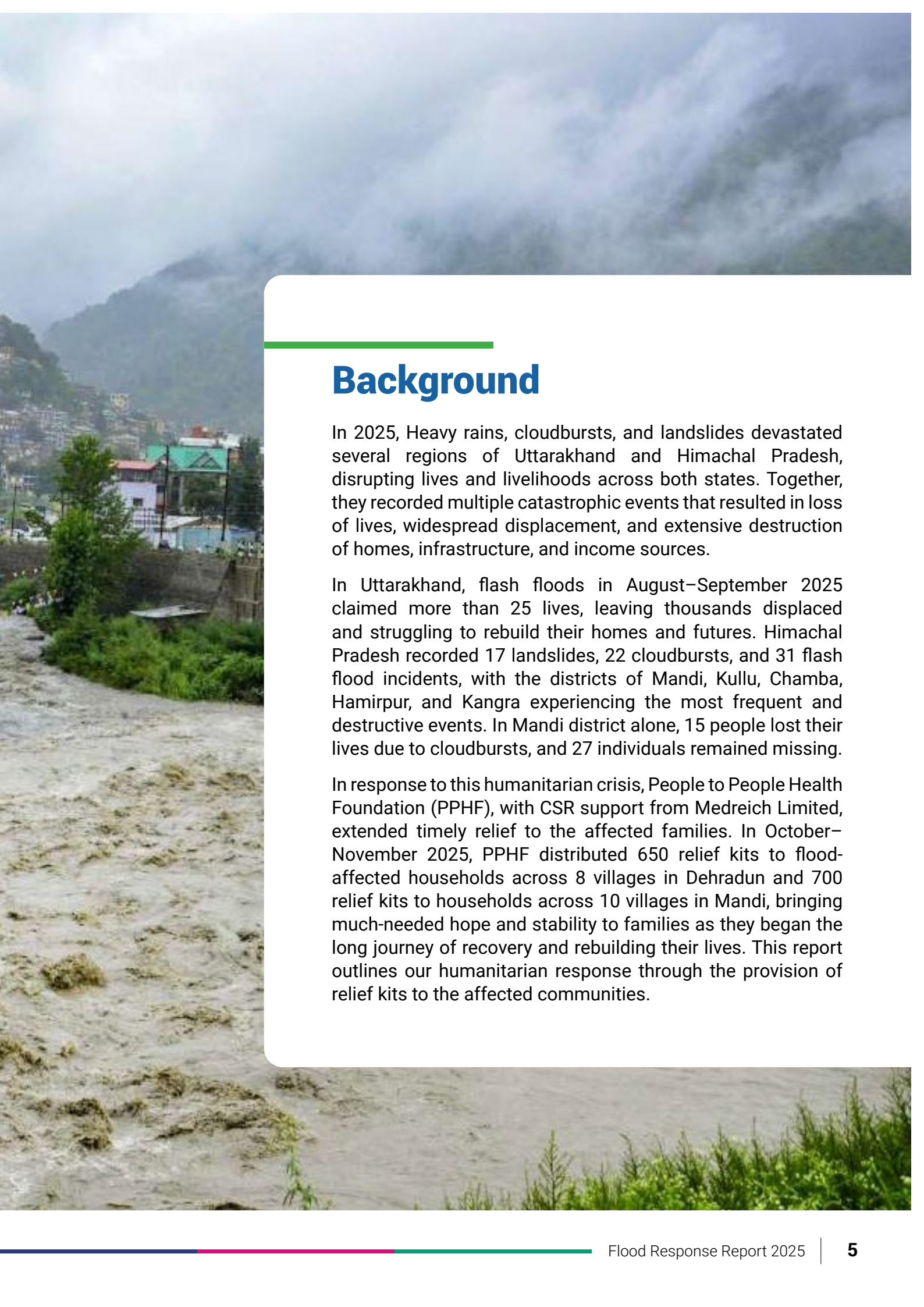




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Background

In 2025, Heavy rains, cloudbursts, and landslides devastated several regions of Uttarakhand and Himachal Pradesh, disrupting lives and livelihoods across both states. Together, they recorded multiple catastrophic events that resulted in loss of lives, widespread displacement, and extensive destruction of homes, infrastructure, and income sources.

In Uttarakhand, flash floods in August–September 2025 claimed more than 25 lives, leaving thousands displaced and struggling to rebuild their homes and futures. Himachal Pradesh recorded 17 landslides, 22 cloudbursts, and 31 flash flood incidents, with the districts of Mandi, Kullu, Chamba, Hamirpur, and Kangra experiencing the most frequent and destructive events. In Mandi district alone, 15 people lost their lives due to cloudbursts, and 27 individuals remained missing.

In response to this humanitarian crisis, People to People Health Foundation (PPHF), with CSR support from Medreich Limited, extended timely relief to the affected families. In October–November 2025, PPHF distributed 650 relief kits to flood-affected households across 8 villages in Dehradun and 700 relief kits to households across 10 villages in Mandi, bringing much-needed hope and stability to families as they began the long journey of recovery and rebuilding their lives. This report outlines our humanitarian response through the provision of relief kits to the affected communities.



Strategic Approach

The Uttarakhand and Himachal Pradesh Flood 2025 relief project was supported and funded by Medreich Limited, and the field work was conducted by Team PPHF. People to People Health Foundation served as the implementation partner and was involved in planning of the field activities and distribution of the relief kits.

Key Activities

The Relief Kit Distribution Program 2025 was done in **8 Villages of Dehradun district.**

Geography

Karliguard Village

Sarona Village

Phulet Village

Chamroli Village

Kiyara Village

Simyari Village

Silla Village

Shera Village

Duration: October-November 2025

The Relief Kit Distribution Program 2025 was done in **10 Villages of Mandi district.**

Geography

Sharai Village

Bandal Village

Bihali Village

Manglore Village

Sari Village

Jhaniyar Village

Kuklah Village

Bali Chowki Village

Thalaut Village

Sarora Village

Support Provided

The relief kit which includes following items were assembled and provided to needy families in the location mentioned above.

Components of Relief Kit

S. No.	Item	Quantity / Dimension
1.	EPE Foam Sheets (Set of 2)	Size 4 x 6 ft.
2.	Waterproof Tarpaulin Sheet	Size 9 x 12 ft.
3.	Plastic Jerry Can	Capacity- 35 Liters
4.	Rechargeable Torch	1 Pc
5.	Rice	10 kg.
6.	Daal	2 kg
7.	Salt	1 kg
8.	Potato	5 kg.
9.	Haldi Powder	100 gms
10.	Chilli Powder	100 gms
11.	Mustard Oil	1 Litre
12.	Refined Oil	1 Litre
13.	Sanitary Napkin	1 Packet
14.	Dettol 1 Bottle	200 ml.
15.	Body Soap	1 Pc
16.	Cloth Soap	1 Pc





Distribution

Distribution of relief kits in **Dehradun** have been delivered to the following villages

S. No.	Villages	No. of Kits
1.	Karliguard	69 Kits
2.	Sarona	120 Kits
3.	Phulet	58 Kits
4.	Chamroli	65 Kits
5.	Kiyara	150 Kits
6.	Simyari	50 Kits
7.	Silla	60 Kits
8.	Shera	78 Kits
Total Kits distributed		650 Kits

Distribution of relief kits in **Mandi** have been delivered to the following villages

S. No.	Villages	No. of Kits
1.	Sharai	70 Kits
2.	Bandal	65 Kits
3.	Bihali	87 Kits
4.	Manglore	86 Kits
5.	Sari	108 Kits
6.	Jhaniyar	32 Kits
7.	Kuklah	88 Kits
8.	Bali Chowki	44 Kits
9.	Thalaut	71 Kits
10.	Sarora	49 Kits
Total Kits distributed		700 Kits



Testimonials



“After the floods destroyed our homes and roads, our food supplies were nearly gone and survival felt uncertain. The relief kits reached us when we had nothing left to depend on. Their support brought immediate comfort to every family in our village.”

Ms. Jhakra Devi
Resident of Karligard Village,
Dehradun



“Continuous rains, landslides, and blocked roads made life very difficult for our community. Families couldn’t access even basic necessities. PPHF and Medreich Limited supported us at the right time, and we are truly thankful for their help.”

Mr. Madan Unyal
Gram Pardha of Silla Village,
Dehradun



“

After the floods, we lost our ration stock and many were left without proper shelter. The PPHF team travelled from Delhi and provided ration, a tarpaulin sheet, utensils, and a mattress. In such tough days, these essentials mean a lot to us.”

Ms. Bhubaneshwari
Resident of Jithan Valley



“

Our village suffered heavy losses, and many of us were living in temporary tents. The ration kits, mattresses, torches, and other essentials provided by PPHF and Medreich brought much-needed relief and hope.”

Mr. Ratan Singh
Resident of Mandi

Conclusion

Natural disasters continue to disrupt human lives and the surrounding ecosystem, impacting communities, flora, and fauna alike. In such situations, timely relief efforts are essential and must be designed with a long-term vision to ensure sustainable rehabilitation and resilience building. Through the generous support of Medreich Limited, this joint initiative provided critical assistance to families affected by the recent floods. The relief measures extended under this intervention were impactful, timely, and deeply appreciated by the beneficiaries. PPHF remains committed to delivering comprehensive, need-based interventions in the future and expresses sincere gratitude to Medreich Limited for their continued partnership and support.

Key Output

650 Relief Kits were supplied to people in Dehradun district of Uttarakhand covering a total of 8 villages.

700 Relief Kits were supplied to people in Mandi district of Himachal Pradesh covering a total of 10 villages.



Rehabilitation Needs of the Affected Families

The recent floods have caused extensive damage to homes, schools, and health facilities, leaving many families without basic services or safe places to live. As recovery efforts progress, the following areas of support have emerged as critical for helping communities rebuild their lives with dignity.

- Families displaced by the floods require temporary shelters so they have a safe place to stay while reconstructing their homes. The winter is harsh in the areas and families are concerned about their safety.
- Several schools have been damaged or destroyed and need rebuilding, along with essential furniture, to resume educational activities.
- Primary Health centres need medical equipments to reinitiate normal functioning.
- Households that have lost their homes need assistance in reconstruction, including support with essential building materials to help them rebuild safely and quickly.



Appreciation Letter

Jai Ram Thakur



Former Chief Minister &
Leader of Opposition
Himachal Pradesh
Shimla - 171 002

*D.O. No. PS/FCM-LOP/2025-
Dated: Shimla-2, the 2nd Dec; 2025*

Dear Ms. Cheena Ji,

I extend my heartfelt appreciation to People to People Health Foundation for your timely and impactful humanitarian assistance to the flood affected communities of Himachal Pradesh. Your dedicated efforts, supported through the CSR contribution from Medreich, have made a meaningful difference during a time of great distress for our people.

Congratulations and a big thank you to the entire PPHF team for successfully distributing 700 flood-response kits to families who were severely affected by the recent calamity. This vital support has brought much needed relief, comfort and hope to those who lost their homes and belongings. The kits are not only a source of immediate assistance but also a significant stepping stone for families as they begin the challenging process of rebuilding their lives.

On behalf of the people of Himachal Pradesh, I convey my sincere gratitude to Medreich for their generous CSR support, and the People to People Health Foundation for your commitment, compassion, and efficient execution of relief efforts. Your contribution has touched lives and reaffirmed the power of collective action in times of crisis.

Thank you once again for standing with the people of Himachal Pradesh in their hour of need.

Yours sincerely,

(Jai Ram Thakur)

Ms. Cheena Malhotra,
Director-Strategy and Innovation
People to People Health Foundation,
E-45, Second Floor, Lajpat Nagar-III,
New Delhi.

Vision

We envision a world where everyone has equal access to opportunities for better health.

Mission

Transforming lives for improved health and well-being through locally driven solutions.



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●●● PEOPLE TO PEOPLE HEALTH FOUNDATION

People to People Health Foundation

Head Office: E-45, Second floor, Lajpat Nagar III, New Delhi 110024

Phone: 011-35121441 | Mobile: +91 98719 50708

E-mail: connect@pphfglobal.org | Website: www.pphfglobal.org